

Forget it!

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Activity 1

Read the following questions and use them to start a conversation with your partner.

1. What's your earliest memory? How old were you?
2. What are two of the best memories that stand out most from your childhood? Why do you remember these things so clearly?
3. How do you memorise new English vocabulary? What techniques do you use to fix words in your memory?
4. Do you have a good memory? Do you have a better long-term or short-term memory?
5. Which do you remember more easily, people's names or their faces? Why do you think this is?
6. Have you ever forgotten something important? Can you explain why you forgot it?
7. How do you remind yourself about important things?
8. Do you have a good visual memory? What would be the advantages (and disadvantages) of having a photographic memory?
9. Do you ever day-dream and forget about your immediate surroundings? To what extent do you consider this to be a form of temporary memory loss?
10. Do you believe in the power of hypnosis? Do you think it can be useful in helping people to access 'lost' memories?
11. Why do people sometimes lose their memories? How do you think they feel? What can be done to help them?
12. We are sometimes encouraged not to worry about the future or dwell on the past but to live in the present. How far do you agree with this suggestion?
13. Memory-enhancing study techniques are a complete waste of time. Some students are simply better at memorising things than others. Discuss.
14. To what extent do you agree with the assertion that 'people with good memories are more intelligent'?
15. Can memory loss ever be a good thing?

Activity 2

*Go to **EnglishClub.com** and click on the 'TP Homework' icon. Use the information you find there to answer the questions below.*

1. What's the difference between Retrograde and Anterograde amnesia?
2. How is the brain damage that leads to Korsakoff's syndrome sometimes caused?
3. What is the answer to the Quick Quiz?

Activity 3

'Considering that we can't remember anything from the first one or two years of our lives (at least), does it really matter how we treat babies and toddlers?'

If you would like to express your opinion on this subject go to **EnglishClub.com** and click on the 'TP Discussion' icon to take part in the forum discussion there.

N.B. Netiquette! PLEASE CHANGE THE DEFAULT SUBJECT LINE TO INDICATE THE OPINIONS IN YOUR POST BECAUSE IN A BUSY THREAD IT HELPS PEOPLE TO DECIDE WHICH POSTS TO READ!