# How do you learn best?

EnglishClub.com © Liz Regan 2004

### Activity 1

Find out how you learn best by doing the following quiz. Read the statements and decide if they are true or false for you then discuss your answers with your partner.

- 1. I learn best when the teacher explains something to me.
- 2. I like singing in class.
- 3. I enjoy speaking to the other students in class in English.
- 4. I love doing listening exercises in class.
- 5. I find it easy to remember the words and phrases from listening exercises and songs we have listened to in class.
- 6. I am good at remembering faces.
- 7. I sometimes draw pictures/diagrams to help me remember something we have studied.
- 8. I speak very quickly in English and in my own language.
- 9. I can picture English words easily in my head.
- 10. I write in different colours and I often highlight/underline important words.
- 11. I fidget in class.
- 12. I like doing stand-up activities and roleplays in class.
- 13. I am good at making things.
- 14. I take a lot of notes.
- 15. If I don't know how to do something new I like to 'have a go' at it.

#### Activity 2

The questions in Activity 1 are grouped into three categories. The first category (numbers 1 - 5) concentrates on your auditory senses. The second category (numbers 6 - 10) concentrates on your visual senses. The third category (numbers 11 - 15) concentrates on your kinaesthetic senses. Which category did you have the most 'true' answers in? This category represents your preferred style of learning English. Discuss with your partner how you can use your preferred learning style more efficiently and how you can 'improve' your learning skills in the other categories.

#### Activity 3

Go to **EnglishClub.com** and click on the 'TP Homework' icon. Use the infomation you find there to answer the questions below.

- 1. How many 'Intelligences' are mentioned in the text?
- 2. Who originated the idea of Multiple Intelligences?
- 3. What is the answer to the Quick Quiz?

#### Activity 4

## Having flexibility in your learning styles is more important than knowing what your preferred learning style is.

If you would like to express your opinion on this subject why not go to **EnglishClub.com** and click on the 'TP Discussion' icon to take part in the forum discussion there? <u>N.B. Netiquette!</u> PLEASE CHANGE THE DEFAULT SUBJECT LINE TO INDICATE THE OPINION/S IN YOUR POST BECAUSE IN A BUSY THREAD IT HELPS PEOPLE TO DECIDE WHICH POSTS TO READ!

#### EnglishClub.com